

“Preparing Ourselves Spiritually and Mentally for Revolutionary Social Change” Resource Guide

The resources below were curated by Sheri Bishop for the “Preparing Ourselves Spiritually and Mentally for Revolutionary Social Change” webinar. This guide was packaged and designed by AMI/USA. Click [here](#) to access a recording of the webinar.

Articles

“The Impact of Racism on Child and Adolescent Health”
Maria Trent, Danielle G. Dooley, Jacqueline Dougé, SECTION ON ADOLESCENT HEALTH, COUNCIL ON COMMUNITY PEDIATRICS and COMMITTEE ON ADOLESCENCE Pediatrics August 2019, 144 (2) e20191765; DOI: <https://doi.org/10.1542/peds.2019-1765>

“The New Reconstruction”
[Adam Sewer](#) *The Atlantic*

“Racism: America's Original Sin” [Jim Wallace](#) *Sojourners*

“Call It What It Is: Anti-Blackness” [kihana miraya ross](#) *The New York Times*

Books

[Click here](#) for Sheri's Book list!

Understanding and Teaching American Slavery, ed. Bethany Jay and Cynthia Lynn Lyerly
Same Family, Different Colors: Confronting Colorism in America's Diverse Families Lori L Sharps
Don't Look Away: Embracing Anti-bias Classrooms Iheoma Iruka, Stephanie Curenton, Tonia Durden
Not My Idea: A Book About Whiteness (Ordinary Terrible Things) Anastasia Higginbotham
Anti-Racism for Kids: A Quick Guide for Parents Tiffany Brown

Videos

Isn't 400 Years Enough and Why is this Baldwin/Buckley Debate still relevant today?

Teaching Hard History American Slave Videos

Supplements

Anti-Bias Work Slide Information
[Anti-Racist/Pro-Black Work Slide Information](#)

“Finding a cure for cancer” – [Dr. Hadiyah-Nicole Green](#)

[Black Lives Matter](#)

[DHS draft document: White supremacists are greatest terror threat by Betsy Woodruff Swan](#)

White Privilege: Unpacking the Invisible Knapsack by [Peggy McIntosh](#)

What is Racism? Racism Defined

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The resources below were shared in the chat as participant recommendations during the “Preparing Ourselves Spiritually and Mentally for Revolutionary Social Change” webinar.

Dorothy Knox Recommends

**Caste: The
Origins of Our
Discontent by
Isabel Wilkerson**

Dr. Ayize Sabater Recommends

[1619 Project](#)
**[Teaching for
Change](#)**

Mary Levy Recommends

**[Zinn History
Project](#)**

Connie Black Recommends

**Children Who Are
Not Yet Peaceful by
Donna Goertz**

