

# "Preparing Ourselves Spiritually and Mentally for Revolutionary Social Change" Resource Guide

The resources below were curated by Sheri Bishop for the "Preparing Ourselves Spiritually and Mentally for Revolutionary Social Change" webinar. This guide was packaged and designed by AMI/USA. [Click here](#) to access a recording of the webinar.

## Articles

**"The Impact of Racism on Child and Adolescent Health"**  
Maria Trent, Danielle G. Dooley, Jacqueline Dougé, SECTION ON ADOLESCENT HEALTH, COUNCIL ON COMMUNITY PEDIATRICS and COMMITTEE ON ADOLESCENCE Pediatrics August 2019, 144 (2) e20191765; DOI: <https://doi.org/10.1542/peds.2019-1765>

**"The New Reconstruction"**  
[Adam Sewer \*The Atlantic\*](#)

**"Racism: America's Original Sin"** [Jim Wallace \*Sojourners\*](#)

**"Call It What It Is: Anti-Blackness"** [kihana miraya ross \*The New York Times\*](#)

## Books

[Click here](#) for Sheri's Book list!

***Understanding and Teaching American Slavery***, ed. Bethany Jay and Cynthia Lynn Lyerly  
***Same Family, Different Colors: Confronting Colorism in America's Diverse Families*** Lori L Tharps  
***Don't Look Away: Embracing Anti-bias Classrooms*** Iheoma Iruka, Stephanie Curenton, Tonia Durden  
***Not My Idea: A Book About Whiteness (Ordinary Terrible Things)*** Anastasia Higginbotham  
***Anti-Racism for Kids: A Quick Guide for Parents*** Tiffany Brown

## Videos

**[Isn't 400 Years Enough and Why is this Baldwin/Buckley Debate still relevant today?](#)**

**[Teaching Hard History American Slave Videos](#)**

## Supplements

**[Anti-Bias Work Slide Information](#)**  
[Anti-Racist/Pro-Black Work Slide Information](#)

"Finding a cure for cancer" – [Dr. Hadiyah-Nicole Green](#)

[Black Lives Matter](#)

[DHS draft document: White supremacists are greatest terror threat by Betsy Woodruff Swan](#)

[White Privilege: Unpacking the Invisible Knapsack by Peggy McIntosh](#)

[What is Racism? Racism Defined](#)